

Category: **Ice Dance**

Subject: **Description, chart and diagram of Pattern Dances (Novice International Competitions)**

Fourteenstep (source: ISU Handbook Ice Dance 2003, § I-1) – Intermediate Novice 2020/21

Music - March 6/8 or 2/4
Tempo - 56 measures of 2 beats per minute
- 28 measures of 4 beats per minute
- 112 beats per minute

Pattern - Set

Duration - The time required to skate 4 sequences is 43 sec.

During steps 1 to 7 the lady and man are in closed hold with the lady skating backward and the man forward. The dance begins with a progressive sequence of three steps forming a lobe curving towards the midline. Step 4 is a 4 beat swing roll curving towards the side barrier. It is important that the free legs match on the swing roll and that the partners remain close together. This is followed by another progressive sequence for both partners during steps 5 to 7. Step 7 is skated slightly less deeply than step 3, after which the lady steps forward on step 8 and skates close beside the man in open hold until he completes his mohawk.

Steps 1 to 7 should be skated along the continuous axis of the ice surface with steps 8 to 14 curving around the ends of the pattern. After the man's open inside mohawk on step 9, he should check his rotation with his shoulders and both partners' shoulders should remain approximately parallel to the tracings around the end. During steps 8 to 12, the partners skate in an offset closed hold with the lady's right hip beside the man's right hip with the lady now skating forward and the man backward. Step 9 for the lady is a crossed behind chassé and step 11 is a progressive. On step 10 the man steps close beside the skating foot, steps 11 and 12 are a progressive sequence, then step 13 is crossed in front. The lady gradually moves ahead of the man to skate an open outside mohawk during steps 12 and 13. At the conclusion of step 13, the man steps forward for step 14. On step 14 the partners return to the original closed hold.

Soft knee action with the rhythm of the music and easy graceful flow are necessary so that the Fourteenstep will be danced rather than walked or raced. A strong lean is necessary to achieve the required edges at a good pace.

In tests and competitions the dance must be skated as specified in the rules, but for dance sessions, when many couples are on the ice at the same time, it is recommended that there be two rolls along the side if the ice surface permits.

Inventor - Franz Schöller
First performance - in Vienna, 1889, as the Ten Step or Schöller March

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Fourteenstep (source: ISU Handbook Ice Dance 2003, § I-1) – Basic Novice (without Key Point), Intermediate Novice 2020/21

Hold	Step No.	Man's Step	Number of Beats of Music	Lady's Step
Closed	1	LFO	1	RBO
	2	RFI-Pr	1	LBI-Pr
	3	LFO	2	RBO
	4	RFO-SwR	4	LBO-SwR
	5	LFO	1	RBO
	6	RFI-Pr	1	LBI-Pr
	7	LFO	2	RBO
Slightly off- set Closed	8	RFI OpMo	1	LFO
	9	LBI	1	XB-RFI
	10	RBO	1	LFO
	11	LBI-Pr	1	RFI-Pr
	12	RBO	1	LFO Op Mo
Closed	14	RFI	2	LBI

Each Sequence (FO1Sq, FO2Sq, FO3Sq FO4Sq)	Key Point Lady & Man Steps 1-4 (RBO, LBI-Pr, RBO-SwR LBO-SwR)
Key Point Features	1. Correct Edges 2. SwR (#4) Correct swing movement of the free leg 3. Pr (#2) not performed as a Chassé

